



REVIEWS

BOOKS

Reviewed by Ruth Parnell

VOICES OF THE ROCKS

by Robert M. Schoch, PhD, with Robert Aquinas McNally

Publisher: Harmony Books, USA, 1999

ISBN: 0-609-60369-8 (258pp hc)

Price: AUD\$16.99; NZD\$16.99; £16.99;

NLGf60,00; USD\$25.00; CAD\$35.00

Available: **Aust/NZ**—Enquire Random House; **UK/Europe**—Enquire NEXUS offices; **USA/Canada**—Crown Publishing, tel (212) 572 2537

Geologist Robert Schoch, in *Voices of The Rocks* (co-written with author/poet Robert Aquinas McNally), brings an open mind to exploring new paradigms and to rejecting hypotheses when they don't measure up to scientific scrutiny.

Prof. Dr Schoch of Boston University admits to waking up to the validity of geological catastrophism, though he still sees "punctuated equilibrium" as an evolutionary force. He's quick to contradict his critics and point out flaws in alternative arguments espoused by everyone from Hapgood and Sitchin to, more recently, Hancock, Bauval and the Flem-Aths. Having seen at first hand the Yonaguni Monument off Japan's Ryuku islands, he concludes it is a natural rock formation comprising vertical joints and horizontal fractures that may or may not have been assisted by human hands.

Schoch is famous for having knocked back the Sphinx's original construction date to 5000 or 7000 BC or earlier, and here he devotes a chapter to the story of his findings. He also critiques a number of studies that

suggest how catastrophes—cosmic, seismic and climatic—have not only shaped our planet over millions of years but have caused the demise of civilisations. He argues that the May 2000 planetary "alignment" will not have destabilising effects on Earth, but that a flow of comets, expected to enter Earth-crossing orbits around 2200, could pose a real threat—one that our descendants will have to counter.

BIOHAZARD

by Ken Alibek w. Stephen Handelman

Publisher: Hutchinson, UK, 1999

ISBN: 0-09-180085-4 (336pp hc, UK);

0-375-50231-9 (hc, USA); 0-09-180135-4

(322pp tpb, Australia & NZ)

Price: AUD\$24.95; NZD\$34.95; £17.99

(hc); NLGf70,90; USD\$24.95 (hc)

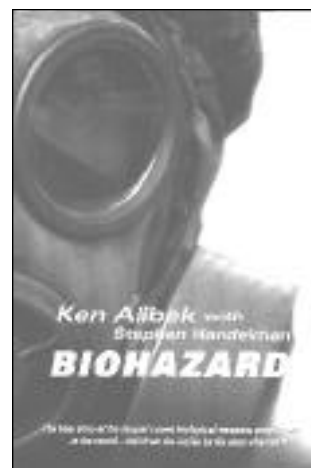
Available: **Aust/NZ/UK/USA**—Random House; **Europe**—NEXUS office

Kanatjan Alibekov is a Kazakhstan-born medical doctor and scientist who worked in the USSR's biowarfare program from the early 1970s until he resigned in 1992 and defected to the USA. Between 1988 and 1991, Colonel Alibekov was the first deputy chief of Biopreparat, the Soviet state pharmaceutical agency whose main role was the covert development and production of biological weapons—on a scale unsurpassed in history, and in defiance of the 1972 Biological Weapons Convention (BWC) to which Moscow is a signatory.

In his disturbing but gripping autobiographical account, *Biohazard*, Alibekov (now known as Ken Alibek) exposes the secrets about the USSR biowarfare program that were not only kept from the West but from everyone in the Soviet military, intelligence and bureaucracy without a need to

know. He reveals how the program was expanded to create biological agents in quantity, weaponise them and stockpile them in the hundreds of tons. The agents included anthrax, pneumonic plague, smallpox, tularemia and Marburg, to name but a few. Some were genetically engineered from human peptides, thus getting around a loophole in the BWC. This expansion had Gorbachev's approval, even in the *glasnost* years and as late as 1990—until the KGB, realising that the American program was low-scale compared to theirs, ordered its (official) dismantling in 1991.

Alibek tells of biological accidents, political intrigue, and his involvement in hosting US/UK monitors in the crumbling USSR and inspecting US biological facilities in 1991. Retaining some guilt that he broke his medical oath to "do no harm", he now works at a US research institute, developing immunological drugs to counter the detrimental health effects of bioweapons.



REVIEWS



BOOKS

VOYAGES INTO THE AFTERLIFE

by Bruce Moen

Publisher: Hampton Roads, USA, 1999

ISBN: 1-57174-139-9 (296pp tpb)

Price: AUD\$32.00 incl. p&h; NZD\$38.95; £10.99; NLGf33,90; USD\$13.95

Available: **Aust**—NEXUS Magazine, tel (07) 5442 9280; Gemcraft, tel (03) 9888 0111; **NZ**—Peaceful Living, tel (07) 571 8105; **UK**—Airlift Book Co., tel 0181 804 0400; **Europe**—NEXUS office, tel +31 (0)321 380558; **USA**—Hampton Roads, tel (804) 296 2772, website www.hrpub.com

Brue Moen boggled quite a few minds when he spoke at the 1999 NEXUS Conference in May. Several attendees have even written in to say he's the first person they'd ask for if they ever got "stuck" between worlds—but they do so half in jest, as they know Bruce has given plenty of honest advice on how any of us can move beyond fear of the unknown, into freedom.

The key, as he demonstrates in his third book, *Voyages into the Afterlife*, is pure, unconditional love. It is the ultimate *modus operandi* of the "Level 27" consciousness realm and beyond (as it is in our "mundane" reality, for that matter). To comprehend fully the journeys Bruce undertakes here, it helps if you've read his previous books, *Voyages into the Unknown* and *Voyage Beyond Doubt* (see NEXUS 5/03, 6/02). He really does get "up close and personal", exposing intimate details of the ups and downs of his learning experiences with The Monroe Institute's Exploration 27 program—the last one to involve founder Bob

Monroe (in his physical life, at least!).

But Focus 27 is not just a realm to be relegated to the afterlife, for it is accessible to anyone with correctly focused imagination and intent. There, ready for explorations and meetings, are healing, education and "bright ideas" centres, co-ordinating intelligences overseeing time lines and the planetary Grid, and beyond, the extradimensional Gathering whose members are monitoring and learning from the "Earth school".

Bruce Moen has written a highly charged, inspirational account. And being the down-to-Earth engineer that he is, he'll find a way to bring the non-physical closer to home.

AUSTRALIAN BUSH FLOWER HEALING

by Ian White

Publisher: Bantam, Australia, 1999

ISBN: 0-73380-053-X (335pp tpb)

Price: AUD\$34.95; NZD\$45.00; overseas orders, contact ABFE

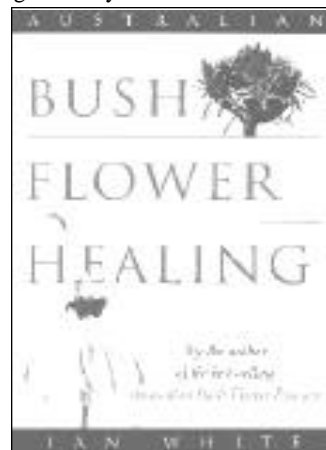
Available: **Aust/NZ**—Random House; **Aust**—Australian Bush Flower Essences, 45 Booralie Rd, Terrey Hills, NSW 2084, tel +61 2 9450 1388, fax +61 2 9450 2866; e-mail info@ausflowers.com.au, website www.ausflowers.com.au

Fifth-generation Australian herbalist Ian White has completed the companion volume to his landmark 1991 guide, *Australian Bush Flower Essences*. After further expeditions around Australia, and feedback from bush essence therapists, Ian has expanded on his original 50 essences with an additional twelve. In his new book, *Australian Bush Flower Healing*, he updates the first 50 essences, describes special combination and companion essences, and explains how to

prepare and take the remedies. He notes that the potency of the plants has increased since he obtained his first Mother Tinctures, and he links this with transformational leaps in human consciousness in the meantime.

Australian bush flower essences, like their counterparts elsewhere, work in subtle but powerful ways on emotional, mental, spiritual as well as physical levels. They have special appeal for those who were born in or have migrated to Australia, but judging from the popularity of bush essences around the world (largely as a result of Ian's workshops) they have powerful healing properties for people everywhere.

Australian Bush Flower Healing includes Ian White's updated Repertory of Emotional, Mental and Spiritual Conditions plus his Repertory of Physical Conditions. It also has chapters from practitioners Louise Anderson and Kerrie Redgate on the astrology of bush flower essences, further expanding the parameters of this exciting, evolving, healing modality.





REVIEWS

BOOKS

URIEL'S MACHINE: The Prehistoric Technology that Survived the Flood by Christopher Knight & Robert Lomas

Publisher: Century Books, UK, 1999
ISBN: 0-7126-8007-1 (466pp hc);
0-7126-80535 (384pp tpb)
Price: AUD\$24.95 (tpb); NZD\$34.95 (tpb); £17.99 (hc); NLGf70,90
Available: **Aust/NZ**—Random House;
UK/Europe—NEXUS offices

The progress of civilisation in the last 10,000 years has been punctuated by catastrophic set-backs. Geological evidence suggests there was an impact by seven cometary fragments in 7620 BC and a lesser impact in 3150 BC. Authors Christopher Knight and Robert Lomas say the former catastrophe caused gigantic tsunamis and a Great Flood to sweep the planet, and the latter strike hit the Mediterranean, again wiping out much of that region's civilisations.

Looking for clues, Knight and Lomas (authors of *The Hiram Key* and *The Second Messiah*) delved into diverse sources: early Scottish Freemasonry, the Book of Enoch (an oral tradition before being written down around 200 BC) and Celtic and Druidic folklore. Their thesis in *Uriel's Machine* points to the biblical Enoch having been a guest of the "Grooved Ware People" of the British Isles, inheritors of a sophisticated astronomical system that originated before the 7620 BC event (the first sighting posts were set up at Stonehenge c. 8075 BC).

The Book of Enoch describes a location which the authors conclude could only be Ireland's Newgrange—a crystal and granite

structure built around 3200 BC for Venus-centred rituals. Whether Enoch's teacher Uriel was an Angel or a Watcher is unclear, but elsewhere in Britain he showed Enoch a structure/device which the authors believe to have been a calendar machine with horizon declinometer for measuring the position of stars and approaching comets. The authors have successfully built the device, and believe that Enoch was given this information so he could set it up back home and warn his people of imminent cosmic doom.

This is an enthralling book with a vast scope that takes in the origin of writing, the megalithic yard and the bloodline of Christ.

SUMMONED: Encounters with Alien Intelligence

by Dana Redfield

Publisher: Hampton Roads, USA, 1999
ISBN: 1-57174-126-7 (264pp tpb)
Price: AUD\$29.95; NZD\$38.95; £10.99;
NLGf33,90; USD\$13.95

Available: **Aust**—Gemcraft, tel (03) 9888 0111; **NZ**—Peaceful Living, tel (07) 571 8105; **UK**—Airlift Book Co., tel 0181 804 0400; **Europe**—NEXUS Office; **USA**—Hampton Roads, tel (804) 296 2772

Utah-based author Dana Redfield is one of untold numbers of people who have reported being contacted or abducted by aliens since childhood. In Dana's case, her realisation was sparked when she woke up one day in 1986 with implants in both of her hands. Soon after, she was compelled to divert her artistic temperament into studying quantum physics. Through the 1980s and into the 1990s she kept details of the dreams and strange phenomena affecting her, and underwent hypnotic regression in order to

access deeper levels of memories that were already starting to surface.

Over time, the quality of her experiences changed. By 1993 she started receiving messages from what would appear to be highly spiritually evolved alien intelligences—via dreams, "energetic infusions", telepathy, holograms, light displays, sounds and automatic writing. The information, often from entities who identified themselves as "the servants of El, faithful to the Law of One", covered the principles of creation, humanity's (alleged) alien-seeded genetic heritage, hybrid breeding programs conducted by various alien groups, and the challenges ahead in terms of planetary changes and our spiritual evolution.

In *Summoned*, Dana Redfield retraces her path towards understanding and continues to pose questions which keep alive her quest for truth. Her story of how she struggled to raise her vibrational frequency beyond the fear level will assist those trying to make sense of their own paranormal experiences.



REVIEWS



BOOKS

BLOOD ON THE MOUNTAIN

by Richard Andrews

Publisher: Weidenfeld & Nicolson, UK, 1999

ISBN: 0-297-84111-4 (295pp hc)

Price: AUD\$49.95; NZD\$79.95; £20.00; NLGf78,90; CAD\$/n/a

Available: **Aust**—Allen & Unwin, tel (02) 8425 0100; **NZ**—Hodder Moa Beckett, tel (09) 478 1000; **UK**—Orion, tel 01903 721596; **Eur**—NEXUS office; **Canada**—McArthur & Co., tel (416) 408 4007

Historically, Jerusalem's Temple Mount is the most fought-over location in the world. A sacred place for Jews, Christians and Muslims, and the site of untold bloodshed over millennia, it is already the focus of a rising tide of militant fundamentalism.

In *Blood on the Mountain*, archaeologist Richard Andrews (co-author of *The Tomb of God*) reviews the history and archaeology of the Temple Mount from the Hebrew patriarch Abraham to the present day. With Josephus's *Antiquities* as a source, he follows the construction of the Temple of Solomon, the Ark of the Covenant's alleged hiding place, and the rise of Freemasonry. From an archaeological perspective, he studies the Temple's destruction of 596 BC, its rebuilding in 19 BC and its demise under the Romans in AD 71. He explains how, after a period of Byzantine Christian influence, the Temple Mount became a Muslim shrine, with the Dome of the Rock established in 691—though it and the imposing El Aqsa Mosque were destroyed by earthquakes and rebuilt in 747, 771 and 1033.

Andrews next focuses on the carnage of renewed Christian presence during the Crusades and the exploits of the Knights Templars, though without their records he cannot say what they might have found before Saladin retook the Mount for Islam.

The masonically linked late 19th/early 20th century British archaeologists, working under watchful Ottoman eyes, never found the ultimate prize. Andrews laments that latter-day 20th century political and religious conflicts make detailed archaeological excavations impossible, so questions remain as to what may still be hidden.

THE TIME TRAVEL HANDBOOK

edited by David Hatcher Childress

Publisher: Adventures Unlimited Press, USA, 1999

ISBN: 0-932813-68-2 (271pp tpb)

Price: AUD\$30.00; NZD\$34.90 + p&h; £12.50; NLGf40,90; USD\$16.95 + p&h

Available: **Aust/NZ/UK/Europe**—NEXUS offices; **USA**—Adventures Unlimited, tel (815) 253 6390, fax (815) 253 6300, e-mail <auphq@frontiernet.net>

For this compilation, *The Time Travel Handbook*, David Hatcher Childress has assembled an array of theoretical arguments on the nature of space-time, gravity and relativity, technical developments over the last century (from Tesla and Marconi), and circumstantial evidence suggesting time travel to be at least a possibility.

Childress takes us back to the late 1800s to the airship incidents that had anomalous aspects suggestive of all-too-human time travellers. Next, forward to the alleged Philadelphia Experiment of 1943. Sorting through the rumours and anecdotes (including those of Al Bielek), Childress summaris-

es the pros and cons of the experiment's very existence and speculates on the technology that *could* have been behind it. The US Navy recently admitted it had performed degaussing procedures on the *Eldridge* in dry dock, but not experiments to induce invisibility. According to speculation (no official documents are available or known to exist), the Navy got more than it bargained for: hyperdimensional teletransportation/time travel of the *Eldridge*!

Childress also reprints documents from the untraceable Time Travel Mechanical Services, describing, among other devices, a Polyphase Warp Harmonic Field Array, purportedly in wide use in the 23rd century! He reprints the schematics (but no explanations) of the Hyper Dimensional Resonator from self-confessed time traveller Steven Gibbs; the Wing-Makers time capsule rave; and enough patents and diagrams to satisfy the technically minded and imaginative.





REVIEWS

BOOKS

ISRAEL BETRAYED

by Barry Chamish

Publisher: Zionist Book Club, Israel, 1999

ISBN: n/a (126pp tpb)

Price: USD\$20.00 inc. p&h

Available: **Israel**—The Zionist Book Club, PO Box 10182, Jerusalem 91101, fax +972 2 625 9239, e-mail <perkins@netvision.net.il>; **USA**—tel 1877 722 4699 (toll-free)

In his new book, *Israel Betrayed*, author/journalist Barry Chamish lets fly with vehement attacks on the US-based Council on Foreign Relations (CFR), whose plan he sees as forcing Israel to withdraw to 1948 lines and then eliminating the nation in war. Thus, he reasons (with a pro-Israel bias), any attempt to negotiate peace in the region (i.e., on Israeli terms) is stacked against Israel—especially as the CFR has had influence over key political figures and events over the decades in Israel (as it's done everywhere else, he adds, thus treading on well-worn conspiracy theory territory). To Chamish, it seems that accepting the Oslo peace accords is tantamount to accepting the CFR's secret plan for Israel.

Still, he uncovers plenty of nasty political and moral corruption which needs to be made public. Many of the names will only be familiar to committed Israel-watchers, and some of the names, such as Carmi Gillon, chief of the Shabak (General Security Services), are only becoming known as more comes out about what really happened around Rabin's assassination. Chamish adds new revelations beyond those in his book, *Who Murdered Yitzhak Rabin?*.

Chamish holds little hope for peace as the the year 2000 approaches, for he sees millennium madness in Jerusalem likely to trigger major conflict—one that could see foreign powers (including the Vatican) decide on the carve-up of major religious sites and the arrival of UN troops *en masse* in Israel. If so, well, he did try to warn people.

BORN MANY TIMES

by George McMullen

Publisher: Hampton Roads, USA, 1999

ISBN: 1-57174-131-3 (200pp tpb)

Price: AUD\$27.95; NZD\$35.95; £9.99;

NLGf31,90; USD\$12.95

Available: **Aust**—Gemcraft, tel (03) 9888

0111; **NZ**—Peaceful Living Publications,

tel (07) 571 8105; **UK**—Airlift Book Co.,

tel 0181 804 0400; **Europe**—NEXUS

Office, tel +31 (0)321 380558; **USA**—

Hampton Roads, tel (804) 296 2772



From 1969, Canadian psychic George McMullen worked with University of Toronto anthropologist/archaeologist Prof. Dr J. Norman Emerson, backing up his research at native American sites with psychic investigations, until the professor's death in 1978. McMullen then continued working with archaeologists and criminologists and has written three books on native American themes.

McMullen's latest book is the story of his psychic communications with the spirit of a native American shaman, called Born Many Times, who describes his journeys through past civilisations and foretells likely scenarios for humanity in the future.

This type of reportage is not something that rationalists can accept easily (if at all). Much of the information is difficult to verify, some of it hasn't happened yet or may never happen, and some of it challenges cherished beliefs about history and religion.

According to Born Many Times, extraterrestrials helped the Incas build their roads and temples, and the Egyptians their pyramids; Cleopatra was decapitated, not bitten by a viper; and Jesus Christ (Yeshua) was removed to France after the Crucifixion.

When pressed about our immediate and distant future, Born Many Times says we can do something to lessen the impact of predicted Earth Changes at least by improving the environment. However, it looks like we can look forward to another ice age starting within six centuries from now!

People who have worked with McMullen know him to be a man of honesty and integrity, so I don't doubt that his reporting is sincere. Even if his book, *Born Many Times*, is read as fiction, there are some important messages to be gleaned from it.

REVIEWS



BOOKS

THE COSMIC MATRIX: Piece for a Jig-Saw – Part 2 by Leonard G. Cramp

Publisher: Adventures Unlimited Press,
USA, 1999

ISBN: 0-932813-64-X (363pp sc)

Price: AUD\$30.00; NZD\$34.90 + p&h;

£12.50; NLGf38,90; USD\$16.00 + p&h

Available: **Aust/NZ/UK/Europe**— NEXUS

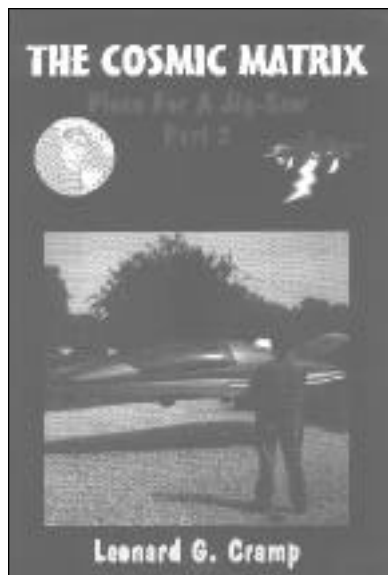
offices; **USA**—Adventures Unlimited, tel

(815) 253 6390, fax (815) 253 6300,

e-mail <auphq@frontiernet.net>

British aerospace/aeronautical engineer Leonard G. Cramp has at last delivered this fascinating follow-up to his 1966 book, *UFOs and Anti-gravity: Piece for a Jig-Saw* (4/03). In *Cosmic Matrix*, he expands on his UFO propulsion theories to include gravity control, time travel and the interlocking energy web between the planets.

Cramp theorises that the two major cosmological theories—"steady state" and "big bang"—may be aspects of one and the same



thing. He posits that forces of attraction and repulsion do not originate or reside in matter. Rather, the phenomenon that causes these effects resides in "space", so these forces are merely the effects of this energy being unbalanced or changed on interacting with "matter". The "power" of space itself is responsible for gravitational, magnetic and electrostatic field phenomena, as well as for seemingly unrelated paranormal phenomena such as "mystical" levitation. Cramp proposes a broader unified field theory in which any apparent difference between the fundamental weak and strong forces is only a function of wavelength and/or frequency.

Taking this a step further, he describes a space-drive concept, in which a body is electrostatically pulse-charged to provide an "opacity lock". When these pulses are precisely synchronised with the alternating frequency of the appropriate Cosmic Matrix (Comat) extension modulations, that body can move by latching onto a monodirectional spatial displacement. By the same technique, devices which extract free, limitless energy are possible. Cramp includes diagrams to illustrate his theories and technical drawings to explain basic experiments.

VICTORIA POLICE CORRUPTION (Books 1 & 2)

by Raymond Hoser

Publisher: Kotabi, Australia, 1999

ISBN: 0-9586769-6-8 (Book 1, 720pp

tpb); 0-9586769-7-6 (Book 2, 766pp tpb)

Price: AUD\$30.00 + AUD\$5.00 p&h (per book) in Australia

Available: **Australia**—Kotabi Publishing,

PO Box 599, Doncaster, Vic. 3108, tel

+61 3 9857 4491, fax +61 3 9857 4644,

e-mail adder@smuggled.com, website

www.smuggled.com

Whistleblower Raymond Hoser is arguably Australia's most frequently banned or censored author. His two latest books, *Victoria Police Corruption 1 & 2*, have again provoked the ire of those he exposes, but much of the material published herein has now been tabled in various Australian Parliaments—to ensure it doesn't get buried, and that truth will prevail.

Containing over 1,400 pages, these two books can't be easily summarised—or dismissed. Hoser includes new material not touched in *The Hoser Files* (1995, see review in 3/02), and expands on his frame-up by the Victoria Police and judiciary. Based on the evidence, Hoser concludes that police corruption in Victoria is still rampant and is aided and abetted by bent judges, magistrates, attorneys, bureaucrats and politicians—the corrupt few who are able to pull strings in their own favour.

In book one, Hoser exposes rackets involving assault, bribery, drug-trafficking, fraud, forgery, gun-running, illegal arms raids, inquest-fixing, murders, police perjury, set-ups and more. In book two, he uncovers high-level corruption among the judiciary, public servants and politicians, and the extraordinary lengths to which these people can go to hide their wrongdoing.

Many corrupt officials Hoser has already identified have been found guilty of criminal misconduct or been forced into early retirement. Fortunately for the concerned public, Hoser continues to document cases of official corruption that most of the media are too afraid to touch.



REVIEWS

BOOKS

ANTI-AGING MANUAL: The Encyclopedia of Natural Health

by **Joseph B. Marion**
 Publisher: Information Pioneers, USA, 1999 (Revised Second Edition)
 ISBN: 0-9644999-0-9 (1489pp tpb)
 Price: AUD\$99.00 inc. p&h;
 AUD\$115.00 inc. p&h to NZ
 Available: **Australia**—Health Books Australia, PO Box 252, Turrumurra, NSW 2074, tel (02) 9983 1299, 1800 225500, fax (02) 9983 1686, <www.healthbooksaustralia.com.au>; **USA**—Information Pioneers, PO Box 7, South Woodstock, CT 06267, tel (860) 963 7131



If you're looking for a reference book on natural health and nutrition, the *Anti-Aging Manual* is as comprehensive as you'll find in the one volume. This hefty, revised second edition of 1500-odd pages is organised into seven chapters, with extensive contents listings (they'd be easier to find in the text if they were in bold type), a huge bibliography and a massive index.

Chapters 1 to 3 give alphabetical listings of over 90 vitamins, 100 minerals, 55 protein amino acids and enzymes, and notes on how to use them to supplement cellular deficiencies. Author Joseph Marion fervently believes that our body cells are our own best friends, and that we should keep them that way. This means eating the nutrients essential for good health, and in chapter 4 he details over 450 dietary "power foods".

For therapeutic rejuvenation, plants have healing properties beyond those of the building-block vitamins, minerals and proteins, and in chapter 5 he describes 900 plants, herbs and flower essences, sourced from the far corners of the globe.

Marion devotes a chapter to the physiology of ageing, and how body/brain health and

longevity can be promoted with specific remedies and correctly balanced diet and metabolism. He gives advice on food combining and examples of nutritious vegetarian recipes. The lengthy last chapter comprises an A to Z of conditions and cures that can be cross-referenced to earlier listings.

This compendium is essential reference for health/nutrition professionals and for anyone wanting to be more informed about their health and how to improve it.

ELEMENTS OF DANGER: Protect Yourself Against the Hazards of Modern Dentistry

by **Morton Walker, DPM, with Victor Zeines, DDS**

Publisher: Hampton Roads, USA, 1999
 ISBN: 1-57174-146-1 (304pp tpb)
 Price: AUD\$31.95; NZD\$41.95; £11.99;
 NLG£35.90; USD\$14.95
 Available: **Aust**—Gemcraft, tel (03) 9888 0111; **NZ**—Peaceful Living, tel (07) 571 8105; **UK**—Airlift Book Co., tel 0181 804 0400; **Europe**—NEXUS Office; **USA**—Hampton Roads, tel (804) 296 2772

Prolific medical journalist and author Morton Walker, DPM, has teamed up with Victor Zeines, DDS, for his latest book, *Elements of Danger*—an exposé of harmful dentistry practices, but with a welcome bias towards holistic alternatives.

In his research, Dr Walker uncovered information from the dental and medical literature and from practising dentists that proves that mercury amalgam fillings, fluoridation, root canal therapy and bridgework are downright dangerous to health, suppressing the immune system and allowing numerous diseases to take hold. He castigates the "toximolecular" school (most of whose US members belong to the American Dental Association) that is yet to come to terms with the link between tooth/gum health and overall health and continues to use mercury amalgam despite knowing its hazards.

On the positive side, he supports the growing "orthomolecular" movement, whose adherents practise holistic dental therapies and utilise biocompatible, mercury-free compounds. Dr Walker explains the choice of materials and practices, including the all-important detoxification and dietary regimens that patients must undergo before and after removal of amalgam fillings, to assist elimination of toxic heavy metals. He also discusses and recommends homoeopathic remedies for dental discomforts.

Dr Morton provides contact details of (mostly US-based) consumer organisations and information sources, as well as an extensive reading list. This is required reading for all dentists—and their patients.

REVIEWS



VIDEOS

Reviewed by Duncan Roads

CROP CIRCLE UPDATE 1999

Producer: The Enigma Channel, UK, 1999 (170mins, PAL/VHS)

Distributor: **UK**—Enigma Channel, tel +44 (0)181 850 2109, www.enigmatv.com

As you can see from the article in this edition, each year brings yet another crop of amazing formations. And while most of the world goes to bed each night thinking Doug and Dave have been at it again, NEXUS readers realise that the mystery is far from solved.

This is quite a comprehensive documentary, especially so since it takes you on the evolutionary journey of the formations, from 1990 right up to June this year.

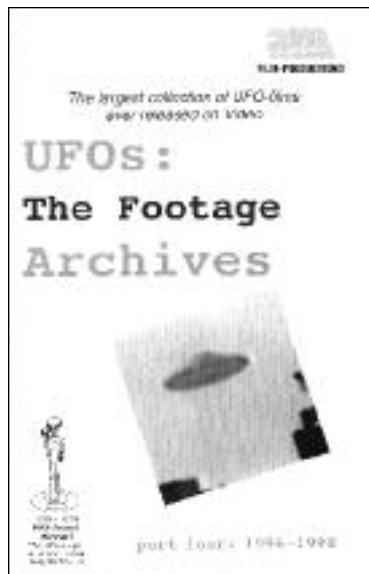
If you are interested in the Oliver's Castle video debate, you will find plenty to ponder herein also. Plus, there's lots of interview footage with respected researchers in the field, including Andy Thomas, Steve Alexander and Palden Jenkins.

All in all, one of the best videos on the subject that I have seen.

UFOs: THE FOOTAGE ARCHIVES Part 4: 1996–1998

Producer: Michael Hesemann and Natalia Zahradnikova for 2000 Film Productions, Germany, 1999 (100mins, PAL/VHS, NTSC/VHS in USA)

Distributor: **Aust/NZ/UK/Europe**—NEXUS offices; **Germany**—2000 Film Productions, Worringer Strasse 1, D-40211 Düsseldorf; **USA**—Adventures Unlimited, tel (815) 253 6390



Yet another solid 100 minutes of UFO footage from around the world, brought to you by Michael Hesemann, editor of the popular German publication, *Magazin 2000*. This episode contains the best of the years 1996 to 1998. Highlights include the bouncing UFO at White Sands; daylight footage of a UFO over Mexico City; a UFO interrupting a football match; some amazing UFOs over Israel; and, of course, umpteen UFOs over South America and Mexico.

My favourites, again, are from the incredible footage taken by various space shuttle missions. You have just *got* to see the footage taken by NASA space shuttle *Columbia* (STS-80 mission) on 1 December 1996. Apart from a spectacular view of the Earth, the number of UFOs has to be seen to be believed! The footage of UFOs near the *Mir* space station, taken by the shuttle *Atlantis*, is quite remarkable.

Also of interest is the ever-growing number of UFOs filmed as they split into two, three or more, smaller objects.

After watching this video, you, like me, will be left wondering how much longer the authorities and the sceptical mainstream are going to "ignore" this phenomenon.

GIVING BIRTH: CHALLENGES & CHOICES

Producer/Director: Suzanne Arms for Birthing the Future, USA, 1998 (35mins, PAL/VHS, NTSC/VHS)

Distributor: **USA**—Birthing the Future, PO Box 830, Durango, CO 81302, tel (970) 884 4090, www.BirthingTheFuture.com

In today's world, there are two approaches to birth. In most Western societies, birth is seen as a type of medical "crisis"—an event to be "treated" in hospital by "experts". There is no doubt that in some cases this is necessary. However, in other cultures and in times gone by, birth is treated as a special event and not as a problem to be fixed. The questions are thus raised: Does the medical intervention of drugs and surgery cause unnecessary trauma? How does this affect society as a whole?

This video assists with the rediscovery of the sacredness of birth. It also aids in learning about effective and safe alternatives to drugs and anaesthesia, and informs about the risks associated with hospital births that don't exist in other environments.

Many mothers giving birth in hospitals complain of feeling disempowered and distant from the experience. One has to wonder if this affects the future outlook of the child and adult to be.

This video lets women know that there is a choice, and invites people to take back their power on the experience of their life.



REVIEWS

AUDIO

Reviewed by Richard Giles

DAWN OF A NEW CENTURY

by Secret Garden

Producer: Rolf Lovland & Fionnuala Sherry for Universal Music, Norway, 1999
Distributor: **Aust/NZ/UK/Europe/USA**—Universal Music

Norwegian keyboardist Rolf Lovland and Irish violin player Fionnuala Sherry have released their third album after an amazing success with *Songs from a Secret Garden* (see NEXUS 3/04) and *White Stones*. They combine Irish and Norwegian sources for their inspiration. Guests on the album include Karen Matheson of Capercaillie and the Irish choir Aruna from the *Riverdance* production, as well as members of the Irish National Symphony Orchestra. An extraordinary album of romantic harmony, combined with lyrical, mystical stories derived from the cultures of China, Ireland and Norway. Superb quality.

AWAKENINGS

by Tony O'Connor

Producer: Tony O'Connor for Studio Horizon, Australia, 1999 (50mins)
Distributor: **Australia**—Studio Horizon, tel +61 (0)7 5445 7755, fax +61 (0)7 5445 7657, www.tonyoconnor.com.au

The use of musical tones to work with and enhance chakra energies is being practised more and more today. Tony O'Connor has come up with an especially effective one that I find incredibly easy to listen to and use. He was inspired by chiropractor Dr John Pirie's healing work with chakra tones and colours. Tony's gently harmonising sound shines through on the album. He avoids fatigue-causing higher frequencies on *Awakenings* and, instead, opts for bass tonings. Here he's joined by Matt James on didgeridoo. An excellent album for nurturing and re-energising the body's systems.

NGAIO GAMELAN

by David Parsons

Producer: David Parsons for Celestial Harmonies, Arizona, USA, 1999 (63mins)
Distributor: **Aust**—Festival Records, tel (02) 9955 8000; **Germany**—Celestial Harmonies; **USA**—Celestial Harmonies, tel (520) 326 4400, www.harmonies.com

David Parsons has been prolific in collecting and disseminating national cultural music around the planet. His *Music of Islam* series was stupendous in scope (see 5/04). Here he combines sampled material from Armenia, Indonesia and Pakistan with his own playing, creating an extraordinary

and fascinating fusion album which is compelling music. This man is a superb craftsman with a vision of musicians of the world working together for a united planet. Thoroughly recommended.

NIAFUNKE

by Ali Farka Toure

Producer: Nick Gold for World Circuit Productions, UK, 1999
Distributors: **Aust**—MRA Entertainment, tel (07) 3849 6020; **UK**—World Circuit, www.worldcircuit.co.uk

The combination of Ali Farka Toure with Ry Cooder, released in 1995, brought Toure to the wide attention of the West. Five years later, he's returned to the recording studio with fellow Malian musicians to put down an album of his desert-inspired blues-like Mali sounds. Recorded in his village of Niafunké at the edge of the Sahara, this is his people's music from the heart of the land. It's imbued with messages of hope for his land and the future of Mali's children, cooperation of his people and praise to God. The cool acoustic tracks are some of the most impressive music on the album.

COLOURED WINGS

by Jaya

Producer: Ray Oliver for Jay-Mah Creations, Australia, 1998 (56mins)
Distributor: **Australia**—Jay-Mah Creations, PO Box 674, Bulimba, Qld 4171, www.relaxationmusic.com

There are numerous brilliant Australian voices out there, putting their songs to music. Jaya Lewis has, with the help of Raymond Oliver from Heaven on Earth studios, created her dreams on this CD. Her glorious voice owes something to the sound of Cecilia on her *Feminine Spirit* album, and Jaya acknowledges Cecilia's contribution to her inspiration. Songs of childhood, nature, the Earth and harmony grace this album. An inspiring and gentle collection.

